



EDUCATORS THRIVING FACILITATOR TRAINING

A PROFESSIONAL
LEARNING OPPORTUNITY
FOR NJ LMC DISTRICTS



NJ LMC invites you to participate in an exclusive program focused on educator well-being. Join us to create a culture shift for your leadership and your district!

This intensive professional learning program will train selected LMC members to become skilled facilitators of the six evidence-based well-being sessions developed by Educators Thriving. Trainees will receive comprehensive direct instruction, gaining the expert knowledge and concrete facilitation skills necessary to effectively deliver this content to their colleagues. Participants will walk away with the practical, ready-to-use tools and foundational expertise needed to successfully launch and sustain a resilience program in their local setting.



THE FIVE PITFALLS

Identify five critical challenges to educator well-being and learn proactive, research-based strategies to prevent them. Leave with practical tools for a more sustainable and fulfilling career.



W.O.O.P.

Leverage the evidence-based W.O.O.P. framework to bridge the gap between intention and action. Learn to overcome obstacles and turn your professional goals into reality.



CORE VALUES

Discover the power of values alignment and how identifying core principles serves as a compass for professional decisions, ensuring your daily work reflects what matters most.



COLLECTIVE EFFICACY

Activate collective efficacy and positive energizers to transform staff culture. Learn to shape a powerful narrative that fosters shared belief and drives long-term success.



LISTENING

Uncover the science of listening and its profound impact on educator retention. Practice techniques to connect more deeply and sustainably with those around you.



CONFLICT & COMMUNICATION

Navigate high-stakes conversations with confidence by understanding your conflict style. Use a proven framework to more effectively approach challenging interactions and invite productive resolutions in your professional relationships.



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WHO SHOULD ATTEND?

This program is designed for educators within LMC district with the enthusiasm and professional influence to serve as well-being professional leaders within their local context.

Ideal Candidates

Individuals committed to:

- fostering a culture of well-being
- prepared to dedicate time to external training
- ready to implement the program within their school or district during the following academic year

Commitment

Candidates should:

- attend all training dates
- dedicate additional, asynchronous time for practice and preparation between sessions

LOGISTICS

The initial training is structured as a concentrated, high-impact learning experience across three non-consecutive days.

Sessions: Six session topics covered across three training days.

Training Schedule:

Dates: March 21, April 25, May 16

Time: 9:00 AM – 3:00 PM

Location: To Be Determined

Note: Further details regarding parking, transit, and materials distribution will be provided upon acceptance.

APPLICATION

Process

Step 1 - Express Interest:

> Submit a brief letter of interest to Janet Bush: jbush@njea.org

> This letter should include endorsement from both the District Administration and Union Leadership OR be a group nomination from your district LMC.

> Please submit before February 27th.

Step 2 - Notification:

Selected participants will be notified via email on or before March 6th.

Cost & Sponsorship

This initial training program is fiscally sponsored by NJ LMC. There is no registration fee for accepted participants.



NEW JERSEY

Labor Management
Collaborative